



Newsletter March 2015

Welcome to our March Newsletter. Our aim is to keep you up to date with events and other important Club information. Please let us know if there is something you would like featured in future Newsletters.

Our Swimmers have been very busy since our last Newsletter, below is a snapshot of events taken part in and their achievements.

Girls Only Gala - 18th October 2014

Abbey Stadium in Redditch was the venue for the Girls Only Trophy Gala on Saturday 18th October. All of the Bromsgrove SC girls who took part in the gala gave a great effort, with PBs achieved by; Adelina Powell 50m Fly, Amber Harvey Elledge 25m Fly & 50m Freestyle, Bromley Arnold 50m Backstroke, Eliya Harris 25m Backstroke, Jasmine Kilmartin 50m Fly, Keiva Cheshire 50m Freestyle, Lucy Charles 25m Freestyle, Madeline Sharpe 25m Backstroke, Matilda Anderson 50m Backstroke, Megan Pickup 100m Freestyle & Medley, Ryley Malone-Priest 50m Breaststroke.

British Gas National Masters - October 2014

Gary Wright one of our Masters took part in the British Gas Masters & Senior Age Group Championships in Sheffield between 24th – 26th October 2014. The competition was very tough with quite a few British, European & World records tumbling each day throughout the competition. Over the weekend Gary achieved five pbs and two bronze medals and just missed out on more medals in the 45-49yrs category.

200m Club Distance Championships

November saw the start of our 200m Distance Championships starting with; **IM - 5th November, Fly - 12th November, Back - 19th November, Breast - 26th November, Freestyle - 3rd December**

Well done to everyone who took part .

ADA Hampton Gala - 15th November

On Saturday 15th November some of our Swimmers headed to the Abbey Stadium in Redditch for the ADA Hampton Gala. Great Atmosphere, the most swimmers Bromsgrove SC have had attend a gala for some time. Swimmers gave a good performance against some very strong Clubs; Redditch Red, Redditch Black, Pershore, Kingsbury and Blythe Barracudas.

First Places: Matilda Anderson – 12/u 50m Backstroke 00:39.05 PB & County Championship Qualifying Time.

Second Places: Jacob Elliott – 12/u 50m Backstroke 00:36.39 PB & County Championship Qualifying Time,

James Maycock – 12/u 50m Butterfly 00:37.01 PB & County Championship Qualifying Time, Michael Bray – 11/u 50m Backstroke 00:43.78 PB, James Maycock, Joe Jarrett, Jacob Elliott & Joshua Thorley – 12/u 4 x 1L Freestyle Relay 01:02.13.

Third Places: Luke Jones – 9yr 1L Breaststroke 00:24.61 PB, Joseph Jarrett – 12/u 50m Breaststroke 00:46.28 PB, Ed Maycock, Seb Perry, Michael Bray & James Hall – 10/u 4 x 1L Freestyle Relay, Seb Perry – 10/u 50m Backstroke 00:43.26 PB & County Championship Qualifying Time., Lucy Charles – 9yr 1L Freestyle 00:18.94, Ryan Lewis – 11/u 50m Breaststroke 00:50.01 PB.

John Vaughan Gala - 24th January

Swimmers travelled to the Wolverhampton Central Baths for this gala, unfortunately not many senior swimmers attended, meaning we were unable to compete in quite a few races, all swimmers gave it their best.

Well done to everyone who took part; James Maycock, Andrew Wiggins, Maggie Parkinson, Luke Culwick, Ryley Malone-Priest, Oliver Holden, Tristan Gee, Sam Parkinson, Sam Harris, Felicity Gee, Michael Bray, Maddie Pullen Bourke, Ed Maycock, Aiden Troth, Isla Neale, Falone Malone Priest, George Wiggins, Megan Pickup, Molly Irons, Bromley Arnold.

Diddy B Gala - 31st January

This Gala was held at the Abbey Stadium Pool and Bromsgrove SC were against Stratford, Blythe Barracudas, Kingsley, Redditch and Pershore. Bromsgrove were on good form and the atmosphere was fantastic.

First Places; Ed Maycock 50m Freestyle, Michael Bray 50m Breast, Michael Bray, Luke Jones, Cyrus Passman & Ed Maycock 4x1L Medley Relay, George Wiggins 50m Back, Michael Bray, Ed Maycock, Luke Jones & Cyrus Passman 4 x 1L Freestyle Relay, Ryan Lewis 50m Freestyle, Cyrus Passman 1L Fly, Seb Perry 50m Freestyle.

Final Scores; Pershore 210 Redditch 193, Kingsley 188, Blythe 176, Bromsgrove 141, Stratford 126.

Well done and thank you to all Swimmers who took part in these events.

UPCOMING EVENTS

March

7th, 8th, 14th, 15th & 22nd March - County Championships at Wolverhampton Central Baths

10th School Pool Training Cancelled

28th 5.30pm – 9.00pm PGL League Gala Round 2 at Boys College Pool, Cheltenham - Warm up 6.00pm.
A coach maybe provided for this gala.

April

18th 6pm - 9pm Nuneaton JSL League- Sansome Walk, Worcester, Warm up time T.B.C.

25th 5pm PGL League Gala Round 3 - Warm up time and venue T.B.C.

May

9th 6pm - 9pm Nuneaton JSL League Round 2- Warm up time and venue T.B.C.

16th 5pm PGL League Gala Round 3 - Dolphin Leisure Centre, Bromsgrove - Warm up time T.B.C.

17th 8.40am **B Grade Junior Open Meet At Wolverhampton Central Baths (25 M)**

**AGE GROUPS 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs Combined age groups for IM events 9/10 ; 11/12 ; 13/14yrs - Crystal Trophy to all winners and awards down to eighth place (Top 4 for each individual age in IM events)
Closing Date for Entries: 15th April 2015 - Entries accepted on a first come basis.**

Details and entry forms available at poolside, please get coach to sign and return a.s.a.p. as this will fill up very quickly.

June

27th 6pm - 9pm Nuneaton JSL League Round 3 - Warm up time and venue T.B.C.

Please visit our website www.bromsgrovesc.co.uk for additional information on the above events.

COUNTY CHAMPIONSHIPS

The County Championships are upon us, 8 of our swimmers have qualified to enter and will be heading to Wolverhampton Central Baths to compete, we wish them all Good Luck.

Seb Perry—50m Backstroke.

Matilda Anderson - 50m Backstroke, 100m Backstroke, 200m Backstroke,

David Allenby - 50m Backstroke, 50m Freestyle.

George Wiggins - 200m Backstroke.

Lucy Charles - 100m Backstroke.

James Maycock - 200m Freestyle, 50m Backstroke, 200m Backstroke, 50m Butterfly.

Jacob Elliott - 50m Freestyle, 100m Freestyle, 200m Freestyle, 400m Freestyle, 50m Backstroke, 100m Backstroke, 200m Backstroke, 50m Breaststroke, 100m Breaststroke, 200m Breaststroke, 50m Butterfly, 100m Individual Medley, 200m Individual Medley, 400m Individual Medley.

Michael Bray - 50m Freestyle, 100m Freestyle, 200m Freestyle, 50m Backstroke, 100m Backstroke, 200m Backstroke, 100m Breaststroke, 200m Breaststroke, 100m Individual Medley.

SPONSORSHIP

We are pleased to announce

we now have three sponsors.



A big thank you to all of them. We are in the process of having our club polo shirts printed with their logos on for all of our gala swimmers.

FUNDRAISING

Any fund-raising geniuses out there ? Or even just a good idea the Club could use to raise some money to keep the subs as low as possible? OR Do you or family/friends have a business that would like to sponsor Bromsgrove SC?.

Please let a committee member or coach know if you have any ideas or contact us via our website www.bromsgrovesc.co.uk. Or email elaine.culwick@hotmail.co.uk.

SWIMSHOP

We now have a variety of new items in our swim shop:-

| | |
|---|---------|
| Navy and White "Bromsgrove" TYR bags | £36 |
| Speedo Fins | £20 |
| "Bromsgrove Swimming Club" Hoodies (includes swimmer's name to be added at Bromsgrove Sports) Children's & Adult sizes each | £16-£18 |
| Second Hand Fins (Variety of colours and makes) We will also buy your unwanted fins from you for £5. | £5 |
| Swimming Cap Replacements (free to all swimmers when they compete in their first gala). | £4 |

Goggles coming soon...

We are currently in the process of setting up an ordering service on our website, swimming caps are the only item available at the moment, but please check back for additional items being added.

Until then you can order through Jan Maycock either at poolside or by telephone - 07800 634442.

SAFEGUARDING OF SWIMMERS

We would like to point out that during training sessions Bromsgrove SC are only responsible for Swimmers whilst they are in the pool. It has been noted that swimmers have been waiting around to be collected after finishing their training sessions at both pools.

It is the parents responsibility to make sure that swimmers arrive safely at poolside for their training session and if you are not staying with your child, we would urge you to collect them as soon as their session has finished.

NEW HEAD COACH

Jan Maycock has been appointed as the club's Head Coach. Jan already works as a relief coach and runs as our swimshop so many of you will know her. Her two boys also swim with the club. She will be working alongside the existing coaches to implement a structure to each squad and the criteria that need to be reached to move into that squad. She will also be helping to co-ordinate gala selection across the junior and senior squads. We wish Jan all the best in her new role.

DOLPHIN CENTRE PARKING FEES

As most of you are probably already aware, the parking charges have changed and you are able to park free of charge from 7pm saving us all some money at last!

CLUB MEMBERSHIP & ASA REGISTRATION FEES

You should have all received an email regarding fees, please see details below:-

Please be advised that the annual payment of club membership fees and ASA registration fees is now due. Please find details below of the fees required for the forthcoming year: -

1. Category 2 swimmers (Swimmers who will be 9 or over by the end of 2015): £50.00
2. Category 1 swimmers (Swimmers who will be under 9 by the end of 2015): £32.00
3. Masters who are non-competitive: £32.00
4. Masters who compete £50.00

The fee is made up of the ASA fee, plus an annual administrative club membership fee.

If paying by cheque please make it payable to Bromsgrove Swimming Club and hand it to a committee member or coach. Please ensure the cheque has the swimmers name on the back.

Payment by BACs is also welcome. Details as follows: - Account Number 00185855 Sort Code 30-91-36

Please ensure the reference includes all swimmers names that the payment covers. Please also reply to this email confirming payment has been made by BACs and the date payment made. This will ensure we do not chase unnecessarily when payment has been made.

In order for your child to continue swimming it is vital that payment is received by us by **7th March** so that we can forward it to the ASA in time for their renewal deadline. Should late payment result in your child's ASA membership lapsing, the ASA apply a 50% increase in fees, making the above charges £66.00 and £39.00 respectively. This would also mean your child would be unable to swim for insurance reasons until the fees were paid and the ASA registration restored.

GALAS AND OPEN MEETS

Here are a few tips when attending Galas and Open Meets

- * **Pack:-**
 - * **2 towels**
 - * **Spare swimwear**
 - * **Spare pair of goggles**
 - * **Heathly snacks for between races**
 - * **Bromsgrove SC swimming cap**
- * **Arrive early for parking and seating.**

Open meets are full day events, usually with a short break for lunch, as well as all of the above we would advise that you;

- * **bring a packed lunch and plenty to drink for swimmers and spectators.**
- * **bring snacks and something for swimmers to do between events that they are competing in.**

VOLUNTEERS REQUIRED

Bromsgrove SC relies TOTALLY on parental involvement in order to continue. The club would like to see more parents taking an active role in the running and direction of the Club.

Anyone who feels they are able to offer their expertise and time in any way would be very helpful for the Club. If you are interested in volunteering to help, please either contact us through the contact page on our website or speak to one of the Committee Members or Coaches who are always around at training sessions or email elaine.culwick@hotmail.co.uk.

LIZ HAWKER TO RUN FOR CHARITY

One of our Masters Swimmers, Liz Hawker, will be running in the Shakespeare Marathon 2015 on Sunday 26th April.

Liz says "This will be my first marathon. Running a marathon has always been one of my goals, and I always said I would run my first marathon by the age of 25 or in my 25th year...which is this year! This goal became even more real, when in November 2014, my family and I were given the devastating news that my mum had been diagnosed with secondary cancer. The first time was in 2002, so we were told that for it to return 12 years later is quite unusual. I know running a marathon is going to be extremely hard work, and the training has already begun, but this news gave me more of a reason and made me more determined to make it happen (it may even turn into more than 1 marathon - we shall see!) in 2015 in order to raise money for a very worthwhile charity. I've decided to raise money for the Primrose Hospice - a local charity based in Bromsgrove - who are currently supporting my mum through weekly support sessions where she is able to speak to people going through similar to what she is. "

You can show your support by sponsoring Liz via her Just Giving page - <https://www.justgiving.com/Elizabeth-Hawker2015/>. Liz will also be carrying around a paper sponsorship form for the next 7 weeks, so if you wish to make a donation by paper instead, please find her at one of the training sessions.