

ASA WEST MIDLAND REGION CLUB NEWSLETTER MARCH 2016

West Midland
Swimming

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Congratulations to the Telford & Wrekin Forum – the first swim21 accredited club network in the West Midland Region.



Pictured left to right:
Mark Moore (Leisure Services Delivery Manager), Nigel Heales (Telford Aqua), Anne Staples (Wellington ASC), Bernard Simkins (President ASA West Midland Region), Kath Gibson (Wellington ASC), Mandy Garrott (Newport & District SC) and Amanda Swan (Regional Club Co-ordinator).

Regional Volunteer Courses

FREE OF CHARGE

Team Manager - module 1
Wednesday 23rd March 2016
6.30pm – 9.30pm
Basepoint Business Centre
Bromsgrove, B60 3ET

Team Manager - module 2
Wednesday 23rd March 2016
7.00pm – 9.15pm
Royal Wolverhampton School
WV3 0EG

Wednesday 11th May 2016
6.30pm – 9.00pm
Basepoint Business Centre
Bromsgrove, B60 3ET

Team Manager training is designed to ensure any volunteers who are taking groups of athletes to competitions or camps, locally or abroad, are fully equipped to do their role. Ensuring athletes arrive and return from sporting activities unharmed is a big responsibility and this training will ensure volunteers have all the necessary skills and knowledge to do this with confidence.

Minimum age to attend workshop is 16 years old, although it should be noted that an individual cannot take the role of a Team Manager fully until they turn 18. You have to have completed the Module 1 course before attending a Module 2 Course.

To book a place on the course, please contact the Regional Office:

Telephone 01527 888929
Email westmidland@swimming.org

Education Courses



[Click here](#) for full list courses in the Region.

Level 1 Courses

[ASA Level 1 Coaching Swimming](#) (Technical units) starts 16/4/16 at Stafford Leisure Centre

[ASA Level 1 Swimming Assistant](#) starts 16/4/2016 at Stratford Leisure Centre

[ASA Level 1 Swimming Assistant](#) starts 23/4/16 at Summerhill School, Kingswinford

[ASA Level 1 Swimming Assistant](#) starts 23/4/16 at Pingles Leisure Centre, Nuneaton

[ASA Level 1 Swimming Assistant](#) starts 7/5/16 at Oswestry Leisure Centre

[ASA Level 1 Swimming Assistant](#) starts 4/6/16 at Bedworth Leisure Centre

Level 2 Courses

[ASA Level 2 Swimming Teacher](#) starts 26/3/16 at Fox Hollies Leisure Centre, Birmingham

[ASA Level 2 Swimming Teacher](#) starts 18/4/16 at Brough Park Leisure Centre

[ASA Level 2 Swimming Teacher](#) starts 3/5/16 at Stratford Leisure Centre

[ASA Level 2 Coaching Swimming](#) starts 17/6/16 at Coventry Leisure Centre

CPD

[Working with Children with Educational Difficulties](#) on 19/3/16 at Bridgnorth Leisure Centre.

★ SPONSORISE.ME

The ASA Clubs Team has recently been exploring new funding opportunities for swimming clubs and one that has emerged is 'crowdfunding'. Crowdfunding is an alternative way of raising funds from a large number of people, all pledging relatively small amounts of money.

Sponsorise.Me, one of Europe's leading sports crowdfunding platforms have agreed to deliver four online sessions to enable aquatic clubs to find out more. Since its inception Sponsorise.Me has helped more than 750 clubs, teams or athletes to fund their sports projects by raising over £ 1.3M. Please find below two examples of campaigns ran by swimming clubs or athletes on Sponsorise.Me (<https://uk.sponsorise.me/en/home>):-

- Stockport Metro
: <https://uk.sponsorise.me/en/project-stockport-metro>
- Matty Lee
: <https://uk.sponsorise.me/en/project-mattylee>

The free workshops will take place on four dates as shown below:

- Monday 14th March (7-8pm)
- Tuesday 15th March (7-8 pm)
- Monday 21st March (6-7pm)
- Tuesday 22nd March (6-7pm)

If you would like to register for any of the sessions please use the following link (please note that each session will have a maximum of 14 participants and spaces will be allocated on a first come first serve basis). Once you register for an online session you can then add the selected date to your diary and you will then receive an email from sponsorise.me the day before you're selected session providing information about how to access the online session.

<https://www.eventbrite.co.uk/e/sponsorisem-e-x-the-asa-crowdfunding-workshop-tickets-21625485409>

Following the workshops all clubs running a crowdfunding campaign on Sponsorise.Me will get an automatic £100 pledge from Sponsorise.Me.



The Funding Opportunities for Coaching in the UK provides details about funding available to support coaches.

Produced by sports coach UK in partnership with the England Coaching Network, Governing Bodies of Sport and the Home Country Sports Councils the interactive PDF allows the user to quickly identify the right funding for them

Research has found that 34% of coaches say they would feel more supported if they were provided with funding for CPD and this guide aims to provide that support.

[Download the Funding Opportunities for Coaching in the UK guide here](#)

Aquazone

WIN PRIZES FOR YOUR CLUB
Encourage your young athletes to sign up to be in with a chance!
PASS IT ON!

ARE YOUR YOUNG AQUAZONERS YET?
AquaZone is the ASA's free online social network for category 2 athletes aged 9-15

AquaZone is an interactive online magazine and community for 9-15 year old Category 2 ASA members at English clubs, whether they be swimmers, divers, synchro swimmers or water polo players. Packed with a great feed of news, interviews, features, reader letters and competitions, with a social community including timelines, a club hub, community chats, achievements and other great social stuff to help club members support each other, wherever they swim.

The monthly Fave Raves competition gives readers a chance to get their hands on £25 of Google Play or iTunes vouchers – and readers should keep an eye out for a chance to win an iPad in a competition coming soon!

Sign up at aquazone.swimming.org!

Club Matters

Mentor support

We know many clubs are currently planning their development for the year ahead – and what better way to help you achieve your goals for 2016 than by working towards these with a Club Matters mentor.

Our mentors are here to give you support and encouragement to help you reach your goals.

They all have a professional business background and a broad range of skills and experience to help you tackle the challenges your club is facing.

The next round of applications for a Club Matters mentor will open in May 2016.

To help you decide whether mentoring is for you, take a look at our interviews with clubs who have been through the process and with some of our mentors about their experiences.

Club Survey

Thank you to all the West Midland clubs who completed the recent club survey. Tiverton Swimming Club (South West) were selected as the winners of the iPad Air.

Flanders Speedo Cup



For the third year running a West Midlands Regional Team was selected to give swimmers the experience of swimming overseas. 24 swimmers were selected from results at Summer Nationals 2015 using the highest scoring FINA points. The team attended the Flanders Speedo Cup on 23rd and 24th January 2016.

The standard of swimming at the meet was very high and the team had many positive and really good swims against some tough senior European competitors. Top performer for the West Midlands team was Tom Derbyshire who won bronze in the 1500m freestyle.

The swimmers were a credit to the region and their clubs and the coaches and team managers did a tremendous job.

Coaches and Team Managers:

Head Coach - Adam Ruckwood
Coach - Mark Stowe
Coach - Adam Taylor
Team Manager - Anita Ryder
Team Manager - Amanda Swan

Swimmers:

City of Birmingham

Alex Rogers
Ashley Markall
Ben Stanford
Caitlin Hubbard
Isobel Griffiths
Jake Dixon
Rebecca Kamau

Boldmere

Lily Wood

City of Coventry

Charlie Waddingham
Eva Vicary

Joseph Iacovides

Madeleine Hoare

Sam Richards

Ellesmere College

Ellinor Southward
Hayden Griffiths

Jacob Jackson

Joseph Small

Shannon Dalligan

City of Hereford

Grace Eddy

RWS

Kane Murcott

Niamh Hofland

Tom Derbyshire

Stafford Apex

Georgina Walker

Wrekin College

Holly Townson